

# NEWSLETTER

ISSUE 07    DEC 2022



## SUNLIGHT REIT CHRISTMAS



METRO CITY PHASE I



SHEUNG SHUI CENTRE  
SHOPPING ARCADE



STRAND 50



DAH SING FINANCIAL CENTRE



## SEASON'S GREETINGS

*The Sunlight management team would like to wish you a safe and relaxing holiday season. May your festive celebrations sparkle with precious moments of joy and love, and your new year be blessed with good health and success.*

HAPPY  
*Holidays*



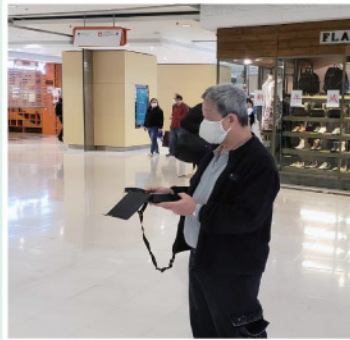
# ENERGY SAVING CERTIFICATES

## Energywi\$e

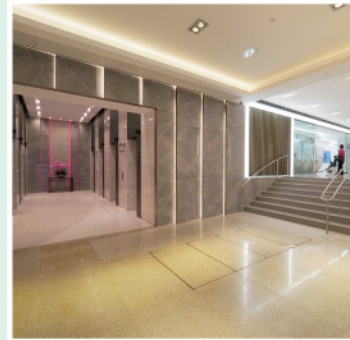
Our flagship office building Dah Sing Financial Centre and major shopping mall Metro City Phase I have received Energywi\$e certificates in recognition of our effort on energy saving.

### Metro City Phase I

### Dah Sing Financial Centre



▲ Measurement and review of lux level to avoid excessive lighting



▲ Demarcation of zoning for smart lighting control in main lobby



▲ Implementation of night-mode lighting and lift services for energy saving



▲ Replacement of air-cooled chillers with energy-efficient water-cooled chillers







## MEDITATION CHAIR YOGA

# Wellness October

## 靜心椅子瑜珈工作坊

Ensuring the well-being of our tenants is one of our credos. In October 2022, we partnered with newlife.330 in organizing a Meditation Chair Yoga Workshop for our tenants and staff.

By stretching at sitting and standing positions, and by using a chair for balance and support, the participants have learned the way to adjust breathing and observe their body for pursuing wellness.



powered by Sunlight REIT



## WORKSHOP TO PROMOTE WOOD UPCYCLING

### Wood Upcycling Workshop

We collaborated with The Wasted (廢柴) to organize a workshop in November 2022 in support of giving a second life to used construction wood contributed by Tseung Kwan O Desalination Plant. During the workshop, our staffs together with architectural consultant participated in hand crafting some seating benches which will feature in the renovation of Metro City Phase I in Po Lam. We hope the sustainable furniture would raise public awareness on environmental protection.







# HIGHLIGHTS OF NEW TENANTS



Noble Diamond  
名鑽軒  
Shop 2020



八木菓子  
Shop 2218



SOS Chinese  
Medicine Clinic  
蘇安莎中醫診所  
Shop G69-70



Emson  
Employment  
Agency  
Shop 216



The optometry  
(OPT)centre  
視光師驗眼中心  
Shop G54



永大養生堂  
Shop 242

CMER  
香港希瑪眼科中心  
Shop G55-56



iEAT 153  
Shop 243-244

Pulau  
蒲羅  
Shop G13-15



Yasashii Beauty  
Shop 248

## Wonderful X'Mas @ SSC-MCP1

Happy Holidays! 消費賞

冬日漫遊 減碳市集

日期: 10/12 - 2/1/2023 (逢星期六、日及公眾假期); 共11日  
時間: 1pm起 (每日換領禮品數量有限, 送完即止)  
地點: 推廣活動攤位

日期: 24 - 27/12 @ MCP1  
31/12 - 2/1/23 @ SSC  
時間: 12noon - 8pm  
地點: 商場指定位置

消費滿指定金額  
即有機會換領:



冬日窩心香氣禮盒  
乙盒



MCP1 | SSC  
Coffee Art / iEAT | 茶寮京都仁王門 / TonyMoly  
(其中一款) 乙張

